

## State Profile: North Dakota

State of the States in Family Caregiver Support

| <b>Population</b>                        | <b>ND</b> | <b>US</b> | <b>Source</b>                               |
|--|-----------|-----------|---|
| ▪ Total Population ( <i>thousands</i> )  | 779       | 331,449   | 2020 Census                                 |
| ▪ Population 65+ ( <i>thousands</i> )    | 124       | 55,892    | 2021 American Community Survey              |
| ▪ % 65+                                  | 16        | 17        | 2020 Census, 2021 American Community Survey |
| ▪ National Ranking 65+                   | 44        | N/A       | 2020 Population Reference Bureau (PBR)      |
| ▪ % White 65+                            | 95.4      | 75.6      | 2021 American Community Survey              |
| ▪ % African American 65+                 | .3        | 9.2       | 2021 American Community Survey              |
| ▪ % Hispanic/Latino 65+                  | .8        | 9         | 2021 American Community Survey              |
| ▪ % Asian 65+                            | .5        | 4.8       | 2021 American Community Survey              |
| ▪ % Native Hawaiian/Pacific Islander 65+ | 0         | .1        | 2021 American Community Survey              |
| ▪ % American Indian/Alaska Native 65+    | 1.9       | .5        | 2021 American Community Survey              |
| ▪ % Two or More Races 65+                | 1.5       | 6.6       | 2021 American Community Survey              |
| ▪ Population 85+ ( <i>thousands</i> )    | 17        | 5,963     | 2021 American Community Survey              |
| ▪ % Population 85+                       | 2.1       | 1.8       | 2021 American Community Survey              |

| <b>Socio-Demographics</b>           | <b>ND</b> | <b>US</b> | <b>Source</b>                                       |
|-------------------------------------|-----------|-----------|---|
| ▪ Average Household Size            | 2.3       | 2.5       | 2021 American Community Survey                      |
| ▪ Average Family Size               | 3         | 3.2       | 2021 American Community Survey                      |
| ▪ % Population in a Rural Area      | 39        | 19.3      | 2020 Census State Level Urban and Rural Information |
| ▪ % Households with Persons 65+     | 26.5      | 31.3      | 2021 American Community Survey                      |
| ▪ % Persons Age 65+ Living Alone    | 29.2      | 25.6      | 2021 American Community Survey                      |
| ▪ % Households with internet access | 88.2      | 90.3      | 2021 American Community Survey                      |

| <b>Economic Indicators</b>            | <b>ND</b> | <b>US</b> | <b>Source</b>   |
|---------------------------------------|-----------|-----------|---|
| ▪ Per Capita Income                   | 36,497    | 38,332    | 2021 American Community Survey                                    |
| ▪ Median Household Income             | 66,519    | 69,717    | 2021 American Community Survey                                    |
| ▪ Total State Expenditures Per Capita | 11,085    | 8,037     | Kaiser Family Foundation  |
| ▪ % Population 65+ Below Poverty      | 9.4       | 10.3      | 2021 American Community Survey and National Council on Aging (US) |

| <b>Informal Caregivers</b>                  | <b>ND</b> | <b>US</b> | <b>Source</b>                           |
|---|-----------|-----------|---|
| ▪ # of Caregivers ( <i>thousands</i> )      | 62        | 38,000    | AARP Valuing the Invaluable 2023 Update |
| ▪ # of Caregiving Hours ( <i>millions</i> ) | 58        | 36,000    | AARP Valuing the Invaluable 2023 Update |

Last Updated: August 2023

## State Profile: North Dakota

State of the States in Family Caregiver Support

|   |       |         |   |
|---|-------|---------|---|
| ▪ Value of Caregiving ( <i>millions</i> ) | 1,000 | 600,000 | AARP Valuing the Invaluable 2023 Update |
|---|-------|---------|---|

| Care Receivers                          | ND   | US   | Source                         |
|---|------|------|--------------------------------|
| ▪ % Population 18-64 years w/Disability | 10.7 | 10.7 | 2021 American Community Survey |
| ▪ % Population 65+ w/Disability         | 32.8 | 32.6 | 2021 American Community Survey |
| % 65+ with                              |      |      |                                |
| ▪ Hearing Difficulty                    | 15.1 | 13.3 | 2021 American Community Survey |
| ▪ Vision Loss                           | 5.6  | 6    | 2021 American Community Survey |
| ▪ Ambulatory                            | 19.8 | 20.5 | 2021 American Community Survey |
| ▪ Self-Care                             | 5.9  | 7.1  | 2021 American Community Survey |
| ▪ Cognitive                             | 5.7  | 7.8  | 2021 American Community Survey |
| ▪ Independent Living Difficulty         | 11.3 | 13.2 | 2021 American Community Survey |

| Long Term Care  | ND    | US        | Source   |
|---|-------|-----------|--|
| ▪ % Medicaid spending on nursing facilities                 | 36.9  | 28.3      | Kaiser Family Foundation (FY 2021)   |
| ▪ % Medicaid spending on Home Health and Personal Care      | 40.1  | 64.3      | Kaiser Family Foundation (FY 2021)   |
| ▪ # of Certified Nursing Facilities                         | 77    | 15,183    | Kaiser Family Foundation (2022)  |
| ▪ % of Certified Facilities with Family Groups              | 6     | 15        | Kaiser Family Foundation (2022)  |
| ▪ Average # of Certified Nursing Facility Beds per Facility | 69.9  | 106.4     | Kaiser Family Foundation (2022)  |
| ▪ % Certified Nursing Facility Occupancy Rate               | 83    | 72        | Kaiser Family Foundation (2022)  |
| ▪ Average Cost Per Day in a Nursing Home (private room)     | 414   | 297       | Genworth 2021 Cost of Care Survey  |
| ▪ Average Assisted Living Monthly Cost                      | 3,391 | 4,500     | Genworth 2021 Cost of Care Survey  |
| ▪ Average Daily Cost for Adult Day Care Services            | 156   | 78        | Genworth 2021 Cost of Care Survey  |
| ▪ Average Hourly Cost for Home Health Aide                  | 29.84 | 27        | Genworth 2021 Cost of Care Survey  |
| ▪ Average Hourly Cost for Homemaker Services                | 29.84 | 26        | Genworth 2021 Cost of Care Survey  |
| ▪ # of Home Health Aides                                    | 6,240 | 3,336,480 | US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates |
| ▪ Median Hourly Wage Certified Nursing Assistant            | 17.68 | 14.57     | US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates |
| ▪ Median Hourly Wage Personal Care/Home Care Aid            | 14.62 | 14.24     | US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates |

Last Updated: August 2023

| <b>Medicare Prescription Drug Plan</b>        | <b>ND</b> | <b>US</b> | <b>Source</b>                   |
|---|-----------|-----------|---------------------------------|
| ▪ # of Organizations Offering PDPs            | 24        | 801       | Kaiser Family Foundation (2022) |
| ▪ # of Medicare Advantage Drug Plan Contracts | 4         | 2,666     | Kaiser Family Foundation (2022) |

**State System of Home and Community-Based Services (HCBS)**

|  |     |
|--|-----|
| Caregiver Assessment in Medicaid HCBS Waiver Program                           | Yes |
| At Least One State Program with Consumer-Directed Option for Family Caregivers | Yes |
| Lifespan Respite Grants  | No  |
| State Respite Coalitions   | Yes |

**Workplace Benefits for Family Caregivers**

|  |    |
|--|----|
| Paid Family Leave  | No |
| Unemployment Insurance for Family Caregivers   | No |
| Paid Sick Days   | No |
| Preemptive Law Prohibiting Local Governments from Establishing the Right to Sick Leave | No |

**Statewide Programs, Regulations, and Legislation**

|   |     |
|---|-----|
| State Alzheimer’s Plan                              | Yes |
| Number of Delegated Nursing Tasks                   | 14  |
| State Multi-Sector or Master Plan for Aging         | No  |
| CARE (Caregiver Advice, Record, Enable) Act Adopted | Yes |